Human Physiology Workshop

9th of December 2017

Venue: DLR :envihab Forum 51147 Cologne Germany Planitzweg
Human Physiology Workshop

We are pleased to welcome you to the 2nd German Human Physiology Workshop 2017. The workshop shall provide a forum for researchers at all stages (student to professor) to meet and discuss their latest findings in human physiological research and space research and give room for mutual exchange and benefit between space and non-space scientists.

Organizers
Jörn Rittweger, Tine Becker, Friederike Wütscher (German Aerospace Center (DLR), Institute of Aerospace Medicine, Cologne)
Katrin Stang, Michaela Girgenrath, Christian Rogon (German Aerospace Center (DLR), Space Administration, Microgravity Research and Life Sciences, Bonn)

Administrative secretariat
humanphysiologie-ws@dlr.de

Scientific Committee
Jörn Rittweger  
German Aerospace Center (DLR), Institute of Aerospace Medicine, Space Physiology, Cologne, Germany

Markus Braun  
German Aerospace Center (DLR), Space Administration, Microgravity Research and Life Sciences, Bonn, Germany

Alexander Choukèr  
University of Munich, Klinikum Großhadern, Department of Anaesthesiology, Munich, Germany

Joachim Fandrey  
University of Duisburg-Essen, Institute of Physiology, Germany

Nandu Goswami  
Medical University of Graz, Institute of Physiology, Gravitational Physiology and Medicine, Graz, Austria

David Green  
CHAPS, King’s College London, UK

Markus Gruber  
University of Constance, Germany

Hanns-Chr. Gunga  
Center for Space Medicine and Extreme Environments, Institute of Physiology, Charité Medical University, Berlin, Germany

Andy Jones  
Sport and Health Sciences, NIHR Exeter Clinical Research Facility, University of Exeter, Exeter, UK

Jens Jordan  
German Aerospace Center (DLR), Institute of Aerospace Medicine, Cologne, Germany

Benjamin Levine  
Texas Health Resources and the University of Texas Southwestern, Institute for Exercise and Environmental Medicine, Dallas, TX, USA

Stefan Schneider  
German Sport University, Institute of Movement and Neurosciences, Cologne, Germany

Alexander Stahn  
Perelman School of Medicine, Department of Psychiatry, University of Pennsylvania, USA

Print
Deutsches Zentrum für Luft- und Raumfahrt e.V. (DLR)
Program

Saturday, December 9, 2017

07:45  Registration

08:15  Welcome (DLR)

Session 1:
Chair: Jens Jordan & David Green

08:30  **Klein, T.**: Isolation, Sleep and Brain Cortical Activity – an investigation in the Human Exploration Research Analog (HERA)

08:45  **Reichmuth, J.**: Vasopressin, Copeptin and Aquaporin Changes in Young healthy volunteers undergoing orthosatic challenge

09:00  **Javelle, F.**: Neurophysiologic, psychological and cognitive effects of 30 days of isolation including daily physical exercise

09:15  **Attias, J.**: Investigation of additional low-level axial load on neuromuscular responses during running in simulated lunar gravity

09:30  **Brix, B.**: Assessing Lymphatic Flow Changes in Patients with Lymphatic Disease: Effects of Physical Therapy

09:45  **Koschate, J.**: Hemodynamic regulation during (simulated) gravity changes – Consideration of transient differences between left and right ventricular cardiac output

10:00  **Hew, Y.**: Development of a Reliable Device for Peripheral Edema Quantification via Ultrasound Imaging in High Altitude Field Studies

10:15–10:45  **Coffee break**

Session 2:
Chair: Anja Niehoff & Alexander Choukèr

10:45  **Bury, N.**: Spatial orientation of motor performance on Earth and in weightlessness

11:00  **Flück, M.**: Integrated evaluation of clinical muscle plasticity after reconstruction and rehabilitation of the anterior cruciate ligament

11:15  **Thöne, A.**: Efficacy of electrical baroreflex stimulation is not impaired by moderate peripheral chemoreflex activation in patients with resistant hypertension

11:30  **Bolte, V.**: Effect of resistive vibration exercise and nutritional supplementation on morphological changes of thigh muscles during 21 days of head-down tilt bed rest

11:45  **Mendt, S.**: Circadian Core Body Temperature Rhythm in a Mars 520-day mission simulation (Mars500)
12:00 Grassi, M.: Age-related walking speed changes after 60 days of bed rest

12:15 Ganse, B.: Javelin throw in master athletes 70 years and older – a biomechanical video analysis of throwing techniques

12:30 Zemann, M.: Effects of short-term sleep restriction or fragmentation on the autonomic nervous system - Autonomous nervous system in sleep (ANSIS)

12:45–13:30 Lunch break

Session 3:
Chair: Jens Tank & Joachim Fandrey

13:30 Manuel, J.: In-vivo measurement of brainstem and hypthalamic centers involved in blood pressure regulation in humans: A high-resolution fMRI study with LBNP

13:45 Trozic, I.: Time course of Hemodynamic Parameters During Postural Changes in Stroke

14:00 Boschert, A.: Head down tilt and cognition – Effects of simulated microgravity on sleep quality and cognitive performance

14:15 Diegeler, S.: Finding NEMO – radiation induced bystander effects elicit NF-κB-dependent survival

14:30 Trautmann, G.: Enhanced Homer cell signal in skeletal muscle soleus (SOL) of mice with a vestibular disorder, the head tilt (het/-) mouse model

14:45 Faihs, V.: Influence of acute normobaric and hypobaric hypoxia on hemodynamics, cognitive function, cerebral near-infrared spectroscopy and gene expression

15:00–15:30 Coffee break

Session 4:
Chair: Ruth Hemmersbach & Stefan Schneider

15:30 Habigt, M.: Unnoticed Intrinsic Autoregulation Mechanisms of the Heart

15:45 Carvil, P.: The effect of 4-hour partial axial reloading via the Mk VI SkinSuit upon recumbent lumbar geometry and kinematics after 8-hour hyper-buoyancy flotation

16:00 Aebi, M.: Cerebral oxygen delivery and autoregulation with different hypobaric and normobaric hypoxic conditions in military pilot trainees

16:15–17:00 :envihab tour & awards

17:00 Adjourn
Travel Instructions (see also: http://www.dlr.de/envihab/en/desktopdefault.aspx/tabid-9657/)

DLR Cologne, Planitzweg, 51147 Cologne, Tel.: +49 2203 601-0

The DLR Cologne site is located south-east of Cologne, close to Cologne-Bonn airport.

How to reach us:

Arrival by train
The local trains (“S-Bahn”) S 12 or S 13 leave from Koeln Hauptbahnhof (Hbf), Siegburg and Troisdorf. The local train S 13 also leaves from Koeln Bonn Airport. Daytime departures take place every 20 min for both trains so that there is a train every 10 minutes. Get off at the railway station “Porz-Wahn” and continue from there by KVB bus number 162, direction “DLR”. See instructions “By bus” below.

Arrival by bus
Take the KVB bus number 162 from Porz-Wahn. The bus sign will show “DLR”. Please be sure that you take the one saying “DLR” as there are different routes for bus number 162. Exit at the last stop at the main gate of the German Aerospace Center DLR Koeln.

Arrival by taxi
At Koeln Hauptbahnhof (central station) take a taxi to “Porz-Wahnheide, DLR”. Taxi stands are located on both exits of the station. Taxi call for all locations in Cologne: Tel. +49/221/19410. Tell the driver to take you to “Porz-Wahnheide, DLR”. The price will depend on daytime and traffic (normally it should not exceed 35 Euros).

Arrival by car
Arriving from Frankfurt (A3) or from Bonn (A59): follow the indications to Koeln Bonn Airport (A59) until the exit Porz-Wahn/Wahnheide. At the exit take the right (Porz-Wahnheide) and follow the DLR sign.
Arriving from Cologne (A59) or Oberhausen/Duesseldorf (A3): follow the indications to Koeln/Bonn Airport (A59), then take the exit Porz-Wahn/Wahnheide. At the exit drive left (Porz-Wahnheide) and follow the DLR sign.
Note: If you use a navigation system, enter your destination as "Planitzweg" instead of Linder Höhe.

Arrival by air
From Koeln Bonn Airport: Either take a taxi in front of the terminal to “DLR in Porz-Wahnheide”. Or take the local train S 13 direction “Troisdorf” from the railway station “Köln/Bonn Flughafen” (in the basement of the airport) to the station “Porz-Wahn” which is your first stop after boarding the train. Continue from there by KVB bus number 162, direction “DLR”. See also above instructions “By train” and “By bus”.

Note: If you use a navigation system, enter your destination as "Planitzweg" instead of Linder Höhe.
### Accommodation (example):

<table>
<thead>
<tr>
<th>Jaumanns Hotel zur Quelle</th>
<th>ART Hotel Köln</th>
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</thead>
<tbody>
<tr>
<td>Heidestraße 246</td>
<td>Heidestr. 225</td>
</tr>
<tr>
<td>51147 Köln - Wahnheide</td>
<td>51147 Köln - Wahnheide</td>
</tr>
<tr>
<td>Telefon: +49 (0) 22 03 96 47-0</td>
<td>Telefon: +49 (0) 22 03 - 96 64 10</td>
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<tr>
<td>Telefax: +49 (0) 22 03 96 47-317</td>
<td>Telefax +49 (02203) 96 64 19</td>
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<tr>
<td>E-Mail: <a href="mailto:info@hotelzurquelle.de">info@hotelzurquelle.de</a></td>
<td>E-Mail: <a href="mailto:info@arthotel-koeln.de">info@arthotel-koeln.de</a></td>
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<tr>
<td>Internet: <a href="http://www.hotelzurquelle.de">www.hotelzurquelle.de</a></td>
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### If you have any questions please contact:

**Organizers**

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→  [humanphysiologie-ws@dlr.de](mailto:humanphysiologie-ws@dlr.de)
    +49 2203 6018475